



# THE GARDEN GATE

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## TUCKER'S TALK

Spring finally looks as though it going to finally happen. After having to suffer through another round of cold temperatures where I personally saw 21 degrees on the thermometer, worrying the whole time about my already blooming tulips, it looks as though the growing season is upon us. Now we just have to "suffer" through bulb and Iris season until we can get to our beloved Daylilies. I am going to assume that I am not the only daylily grower that now has a whole bunch of burned foliage covering the tops of my plants. I'm also going to assume that I'm not the only person with a bunch of aphids already eating and multiplying all over my plants. I'm sure this goes without saying, remove the burned tips and spray for the aphids at

your earliest convenience.

I'm going to jump on my soapbox for a minute and remind you that when you are spraying you should try to not bail and use a neonicotinoid, like Merit, as your first spray option. Although I love the way it works and it will do the job, it is also hurting our bees due to its high toxicity and improper usage.

Back to regular programming. I hope everyone is able to join us at the next meeting, where we will be hearing about the Tarrant County Food Bank Community Gardens. A program that I believe is important because it helps the food bank, but also helps make our communities "greener" and "healthier." Hope to see you there and happy gardening.

And, for the record, **2019 Dues are Due!**

Tucker❖

## Secretary's report

February 21, 2019 Minutes

- Meeting convened at 7:03p.m.
- Meeting held in the Botanic Gardens office's board room, as the regular rooms are under renovation.
- 21 members and 4 guests were present to hear David Hares give a presentation regarding his photography.

Old Business:

- Motion made to approved minutes by Rebecca and seconded by Nickie. Motion was approved.
- Motion made to approve treasurer's report by Rebecca and seconded by Joyce. Motion was passed.

## Officers

### President

Tucker Reed  
682 553 6914

### First VP Programs

Rebecca Reed  
682 553 7050

### Second VP Membership

Nickie Knight  
817 551 7260

### Third VP Publicity

Susan Austin  
817 925 5052

### Fourth VP Treasurer

Linda Long  
817 341 1297

### Secretary

Rebecca Reed  
682 553 7050

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- Treasurer reported that an additional \$35 dollars had been received in dues. She also mentioned that the current membership rolls need to be updated to remove past and deceased members.
- Nickie reported regarding the upcoming show, "Daylily Dream". Rebecca had completed the show schedule and Nickie had sent it in. Also, AHS required insurance has been submitted.
- Ken asked to procure additional plastic containers for the storage unit in order to replace old cardboard boxes which have collapsed. Also, a request was made to not stack the boxes very high in the storage unit.

#### New Business:

- New to find someone to be in charge of the fall sale. Tucker says he will not be doing it this year.
- Susan has been in communication with the new Region 6 editor of the newsletter. She has completed the necessary documents to have any of our articles published in the regional newsletters.
- Do we want to participate in this year's Flowercade?
- Mexican themed food for next month's meeting will be served.

Meeting adjourned at 7:27p.m.

Janet❖

## Speaker

We've reschedule the January speaker...here is her information again.

#### Speaker Bio:

Becca Knutson, Community Garden Coordinator for the Tarrant Area Food Bank has been with TAFB since July 2014. She has been involved with both the Community Garden program and Cooking Matters.

In her position as Community Garden Coordinator, Becca is responsible for Education and Outreach efforts of the community garden program. She writes garden curriculum, leads gardening workshops, gives tours of TAFB's Learning Garden, provides garden consultations for community gardens in Tarrant Area Food Bank's 13-county service area, organizes TAFB's annual Dig Deep conference, teaches garden-based cooking classes, manages TAFB's Kindred Spirits Kitchen Garden, serves as a resource on all gardening topics and works to keep different gardening groups connected and well-resourced.

#### Presentation Summary:

Tarrant Area Food Bank's Community Garden Program has been around since 2011 and continues to grow and change with the needs of the communities in our 13-county service area. Community Garden Coordinator, Becca Knutson will give a brief history of the program, provide the details of the program in its current state,

explain what the program offers to the community, and reveal the ways in which the community can be involved.

Rebecca❖

## Farmers in three daylily growing regions in eastern Taiwan gear up for reaping daylily flower benefits

By George Liao, Taiwan News, Staff Writer

2018/08/05 18:54 <http://tinyurl.com/y4phmm3k>

TAIPEI (Taiwan News)—The three townships in eastern Taiwan where golden daylily flowers are blossoming on their gently rolling hills are gearing up for using the short flower season of August and September to promote local tourism and market the agricultural product.



Chen Chi-rong (陳啟榮), director at Eastern Region Branch, Agriculture and Food Agency, said that Taiwan's daylily growing area is about 640 hectares and the **yearly harvest is about 400 tons**. Nearly 90% of the growing area and harvest is located in Hualien and Taitung counties in eastern Taiwan, he said, adding that with the fair weather conditions in the growing regions this year, daylilies have been growing very well and robust blooming of the flowers can be expected.

During the flower season, the farmers' association of Hualien's Yuli Township area will organize shuttle bus services on weekends and on holidays to transport tourists to Chike Mountain (赤柯山) to visit daylily flowers; the Fuli Township Farmers Association will hold a concert on Liushidan Mountain (六十石山) on every Friday, Saturday and Sunday evening during August; and the Taimali (太麻里) Township Farmers Association will organize an agricultural product exhibition to boost sales of daylily flowers.

Local daylily farmers, restaurants, hotel operators and travel agents have pooled together to offer packages that include daylily flower themed meals, flower watching, stargazing, and ecological or other in-depth tours.

Fuli Township Farmers Association Secretary General Chang Su-hua (張素華) said daylily flowers, also known as golden needle vegetable, are used as food ingredients in Taiwan and other countries, adding that they are rich in protein, carbohydrate, vitamins A, B1, and B2, niacin, calcium, phosphorus, and iron. Chang added that according to research studies, daylily flowers have the health benefits of stabilizing emotions, clearing away heat in the body and helping facilitate diuresis.



Chang also urged consumers to buy daylily flower products with food traceability or with the Taiwan Golden Needle (台灣金針) label to ensure food safety.

## Daylilies: Resilient, Ornamental, & Edible

<http://tinyurl.com/y3la3jpx>

During the summer, a bright orange flower weaves through your daily commute. Daylilies pop up along roadsides and bike paths, cemeteries and soccer fields, even in the cracks between pavement. Long admired for their beauty, these prolific invasives are also edible. In this episode of The Local Food Report, horticulturist Laura Swain demonstrates how to turn daylily flowers into a potluck showstopper.

Native to China, Korea, and Japan, daylilies were brought to the U.S. as ornamentals in the 1600s, but they soon escaped flower gardens. Now, they grow wild from Southern Florida to Northern Canada. Having perfected the art of surviving in “hell strips” --places where not much else will grow--daylilies make an excellent snack for foragers. They thrive in different soil types, on high and low elevations alike, and are nearly immune to pests and disease. Although they are

not a harmful invasive species, by eating them, you leave more room for native species to grow.

Daylilies are a largely untapped food source in North America, but they've been consumed in East Asia for centuries, where you can buy them at markets and taste them in many dishes, including Daylily Soup and Hot and Sour Soup. The flowers, buds, and tubers are all edible, and contain antioxidant properties, Vitamin C, and Vitamin A.

Horticulturist Laura Swain improvised the following recipe.

### RECIPE: HERBED GOAT CHEESE STUFFED DAYLILIES

This recipe is flexible and takes no more than 15 minutes. You can use whichever fresh or dried herbs appeal to you, and as much goat cheese and olive oil as you see fit.

#### Ingredients

12-20 daylily flowers

8 ounces of chevre goat cheese. (Let it soften outside of the fridge for 10 minutes).

3 tablespoon of olive oil

2 tablespoons of fresh chives, chopped

1.5 tablespoons of fresh thyme, chopped

1 tablespoon of oregano, chopped

1 tablespoon of fresh bee balm (aka bergamot), chopped

#### Preparation

1. Make this appetizer right before you serve it, or up to 5 hours ahead of time. If preparing ahead of time, stick them in the fridge before serving.
2. Remove the daylily stamen and pistils (the stringy bits inside the flower that hold the pollen). Gather them mid-way down between your thumb and forefinger and pull lightly. You will hear a satisfying crunch. Set them aside and dice for garnish.
3. Add goat cheese and herbs to a large mixing bowl and slowly mix in olive oil, little by little, until you get a creamy consistency.
4. Using a spoon or a piping bag, add a mouthful (0.5-1 tablespoons) of the cheese mixture to the center of each daylily flower.
5. Garnish with herbs and stamen.

See TinyUrl link for Other Daylily Recipes

# SUNSHINE REPORT

Jim❖

## JANUARY HOST/HOESSESS - ITALIAN

Linda Long, Vernon Wallis, Sharon Bartlett, Nickie Knight,  
Ann Martin, Susan Austin, Tucker & Rebecca Reed, Cathy  
Koogler, Ester Strawn, and Rich Miller

*Thanks so much!*



## FEBRUARY HOST/HOESSESS - MEXICAN

Ester Strawn, Rich Miller, Kristi Kolpanen, Susan Austin,  
Rebecca Reed, Janet Von Kohn, Linda Long, Nickie Knight,  
Ann Martin, Dennis Niles, Vernon Wallis, Joyce Valdez,  
Sharon Bartlett,

*Thanks!*



## CALENDAR OF EVENTS

**NTDS Meeting @ Ft Worth Botanic Gardens**  
Time 7:00 PM, March 21<sup>st</sup> 2019

**DGDallas Meeting @ North Haven Gardens**  
Time 10:00 AM, Third Saturday,  
Jan-May, Sept-Nov.

**Johnson County Iris & Daylily Society @**  
United Cooperative Services, Cleburne  
Time 10 AM, Second Saturday  
monthly

**ETDS Meeting @ Tyler Public Library**  
Time 2:00 PM, Second Sunday,  
Jan-May, Oct-Nov

**Brazosport Meeting @ Lake Jackson Civic  
Center**  
Time 2:30 PM, March 10, 2019,  
Speaker Dan Hansen from Ladybug Daylilies  
with auction

### Shows n Sales

**AHS Regionals**  
Reg 6, June 27-29, 2019 Albuquerque, NM

**AHS**

# North Texas Daylily Society

## Membership Application Form

**Please complete ALL fields**

Date \_\_\_\_\_  Renewal for 20\_\_\_\_  New membership(s)

Note that new members joining after January 1st are joining for following year.

Are you currently an American Hemerocallis Society member?

Names (please print) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mailing address \_\_\_\_\_

\_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone numbers Home \_\_\_\_\_

Work \_\_\_\_\_

Email address \_\_\_\_\_

Do you need the Newsletter mailed? \_\_\_\_ (Y/N)

Do you want a NorthTexasDaylilySociety.org email address? \_\_\_\_ (Y/N)

If so, PRINT exact address wanted.

\_\_\_\_\_  
(Normally this is First.Last@NorthTexasDaylilySociety.org)

Memberships desired:  Single member - \$15  Family membership - \$20

Youth member - \$8

Life membership - \$150  Lifetime family membership - \$200

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Please make checks payable to **North Texas Daylily Society**. Mail to

Linda Long

N T D S TREASURER,

116 Encino Springs Lane

Weatherford, TX 76088

In addition to [NorthTexasDaylilySociety.org](http://NorthTexasDaylilySociety.org), we have the alias [NorthTexasDaylilySociety.com](http://NorthTexasDaylilySociety.com). Please note that the Newsletter address has changed on previous pages.

The 'I have a problem/question' address is [admin@northtexasdaylilysociety.org](mailto:admin@northtexasdaylilysociety.org).

My club address is [Jim.Bartlett@northtexasdaylilysociety.org](mailto:Jim.Bartlett@northtexasdaylilysociety.org) while my normal email continues to be [G236007@gmail.com](mailto:G236007@gmail.com)

I plan on discussing this as needed in future meetings. I think using our club as your email address (or one of your email addresses) is just nicer than gmail, yahoo, msn, etc. Or the ever changing email address provided by your current ISP.

And, you can quickly change the NorthTexasDaylilySociety.org account to automatically forward **all mail to any other email account**. It will keep or delete the messages forwarded as you instruct.

So, I can just set everybody up or ask for requests. I would prefer to set everyone up at one time because I can do that from the membership list. And yes, this is a little easier than manually setting up 40-odd folks. Please note that I did NOT say 40 odd-folks.... :o)

OBTW, this includes all the applications included with a GMAIL account, private and shared DOCs (word processing, spreadsheets, etc), private and shared calendars, private and shared Sites (web pages).

Think about it and we can discuss any Thursday. Or just send me a note.

Jim